



Be a **GEM**. Drink Your Juice!

JUICES

REGULAR 16 OZ OR SUPER 24 OZ

GREEN GLOW	6.5/8
kale, cucumber, lemon, apple, ginger	
RADIANT GLOW	6.5/8
kale, cucumber, beet, lemon, apple, ginger	
RUBY SLIPPER	6.5/8
carrots, cucumber, beet, lemon, ginger	
PRINCESS CUT	6.5/8
carrots, apples, ginger	
PLATINUM VEGGIE LOVE	6.5/8
celery, spinach, carrot, cucumber, cilantro	
SHINE & SPARKLE	6.5/8
celery, green apple, spinach, jalapeno, parsley	
MOONSTONE (BOTTLE ONLY)	8
cashew, maple syrup, cinnamon, celery, spinach, carrot, cucumber, cilantro	
CLARITY LEMONADE	4.5
lemon, grade B maple syrup, cayenne, filtered water	
GOLDEN GLOW	5
fresh turmeric, lemon, orange, agave, fresh ginger, cardamom, Himalayan sea salt, filtered water	
CASHEW MILK	6
cashews, grade B maple syrup, cinnamon, salt, filtered water	
PERIDOT LEMONADE	5
cucumber, lemon, agave, filtered water	
LEMONADE	2.5
lemon, agave, filtered water	
ORANGE OR APPLE JUICE	4/6
(9 OZ/16 OZ) fresh-squeezed goodness	
CUSTOM JUICE JUST ASK!	6.5
add a kick of cayenne or jalapeno (NC) See add ons for extra juice boosts!	
COLD PRESSED BOTTLES TO GO	8

SMOOTHIES

ALL SMOOTHIES 16 OZ

EMERALD CITY	7
celery, spinach, basil, ginger, apple, lemon, cucumber	
CAMEO	8
spinach, kale, strawberry, coconut manna, coconut water, orange	
JADED GINGER SNAP	7
spinach, ginger, cashew milk, banana, maple syrup, vanilla	
SUPER SAPPHIRE	7
blueberries, raspberries, pomegranate, hemp milk, chia seeds	
TAHITIAN PEARL	8
banana, almond butter, cashew milk, coconut manna, dates, maca, bee pollen, cacao	
CROWN JEWEL	8
banana, cashew milk, coconut manna, spinach, blueberries, dates, cacao, cinnamon, maca	
SPARKLE BERRY	7
seasonal berries, banana, mango, pomegranate, hemp milk	
CITRINE	6
orange, mango, banana, apple	
CHOCOLATE DIAMOND	6.5
banana, cashew milk, cacao, cinnamon, agave	
FAUX YO PARFAIT (NON-DAIRY)	8
hemp, banana, blueberry, strawberry, tart cherry juice, Marge's granola	
JUICE & SMOOTHIE ADD-ONS	
PROBIOTICS POWDER, COCONUT MANNA, MACA, CHIA SEEDS, HEMP SEEDS, BEE POLLEN, GINGER BOOST, ACAI GREEN TEA BOOST	1
TURMERIC BOOST	2
MAKE IT GREENER (ADD SPINACH OR KALE)	1
AMAZING MEAL PROTEIN (CHOCOLATE OR VANILLA CHAI)	2
BRAGG'S APPLE CIDER VINEGAR	.5

SPECIAL GEMS

GLAMOUR SHOT	3
(BUCK SHOT FOR YOU GUYS) sea buckthorn juice, pomegranate juice	
BRIGHT LIKE A DIAMOND SHOT	3.75
cayenne, lemon, ginger, spirulina	
TURMERIC SHOT	4
GINGER SHOT	3
E3 LIVE SHOT	4
HOLY KOMBUCHA ON TAP	3/5
SEASONAL FLAVORS (9 OZ/16 OZ)	
GROWLERS (64 OZ) REFILLS @ 15 EA	20

GEM CLEANSSES

ASK US ABOUT GEM CLEANSSES & NUTRITIONAL COUNSELING!

5-DAY CLEANSSE—30 JUICES	250
4-DAY CLEANSSE—24 JUICES	215
3-DAY CLEANSSE—18 JUICES	155

CHOOSE THE LEVEL THAT'S RIGHT FOR YOU:
Original, Diamond or Platinum Clarity

TEA AND COFFEE

ICED GREEN TEA (try a ginger boost!)	3
HOT TEA OR MATCHA	3
IMMUNITY TEA (ginger, turmeric, lemon, local honey)	4
COMBINE WITH MATCHA	7
ILLY FRENCH PRESS COFFEE (add cashew milk)	3

GEM LUNCH

MADE FRESH DAILY. EAT HERE OR TAKE IT TO GO!

KALE SALAD	4/6.5
HUMMUS, SAMI'S CHIPS & VEGGIES	4/6.5
QUINOA SALAD	4/6.5
SOUP OF THE DAY	6
CHOPPED VEGGIE SALAD	4/6.5

HERE'S THE LOVE:

OUR JUICES, SMOOTHIES AND FOODS ARE **MADE DAILY** AND **HONESTLY ORGANIC. ALWAYS.**

VISIT US ON THE WEB AT **INSIDETHEGEM.COM**

email: thegem@insidethegem.com call: **214.750.2929** visit: 6030 Luther Ln, Suite 160 Dallas, TX 75225

Like us on **Facebook** InsideTheGem and Follow us on **Twitter** @InsideTheGem